

Practical Orthodontics for Dental Assistants Level 2 and Dental Hygienists

Course Description

Elevate your clinical skills and expand your career opportunities with our comprehensive, RCDSO certified orthodontic practical module, designed specifically for Level 2 Dental Assistants and Dental Hygienists.

This in person, hands-on course equips you with the essential knowledge and practical abilities to confidently assist with orthodontic procedures, including appliances, brackets and bands, and clear aligner therapy in a modern dental practice.

Through expert-led instruction, you will gain a solid foundation in orthodontic first principles, learn to integrate digital workflows and master the latest techniques for intraoral procedures.

This course is ideal for those seeking to broaden their scope of practice, enhance patient care, and support the growing demand for orthodontics services.

Upon completion of this Dental Assistant course, participants will be able to confidently perform 4 intraoral procedures referenced in the RCDSO Standard of Practice for Level 2 Dental Assistants*. This includes:

- Placing and cementing bands, brackets, and passive space maintainers or orthodontic appliances.
- Placing attachments for orthodontic purposes in conjunction with clear aligner therapy.
- Removing bands, brackets and passive space maintaining or orthodontic appliances.
- Taking non alginate conventional impressions for working models for the fabrication of space maintaining or orthodontic appliances.

*Reference: the performance of intraoral procedures that are not controlled acts (RCDSO).

Some orthodontic procedures can only be performed by dentists or under the direct supervision from dentists. This course reviews the orthodontic procedures that can be performed by Level 2 dental assistants under the RCDSO Standard of Practice - Performance of intraoral procedures that are not controlled acts by Preventive Dental Assistants, Level 2 Dental Assistants, and Registered Dental Hygienists.



Audience

Level 2 Dental
Assistants and
Dental Hygienists

Time

2 days
7 Hours each day
8:30 am - 5 pm

Contact Us

For any inquiries contact us at:
info@dentalmentorshipgroup.com

Cancellation & Refund Policy

Must cancel within 24 hours of purchase.



Dr. Michael Cohen DDS
Founder and Clinical
Director DMG
Co-founder CHAS



Dr. Luciana Arcaro
Director of Education
NAM & LATAM
Global KOL - Co-
founder CHAS & DMG



Angela Mahoney RDH
Dental Hygienist
Orthodontic Hygienist
Qualified Orofacial Myologist.



Dr. Mark Zammit
Orthodontist

Instructors Names: Dr. Michael Cohen DDS, Dr. Luciana Arcaro, Angela Mahoney RDH, & Dr. Mark Zammit.

Education Method: Lecture and hands-on

Location: Genesis Continuing Dental Education
660 Petrolia Rd, North York Ont. M3J 2V2

Course Code: 370_021_02_EN

Dates: December 5 & 6 2026

Total CE Time: 14 CE

CE Code: 370

Cost: \$1,499.00



Scan the QR code to register at: dentalmentorshipgroup.com

Learning Objectives

- Explore the evolution of orthodontic practice while understanding the fundamental principles of orthodontics
- Develop proficiency in gathering comprehensive orthodontic records for accurate diagnosis and effective treatment planning
- Master the proper handling and application of orthodontic instruments while gaining practical experience with digital scanning technologies and impression techniques
- Demonstrate competence in performing regulatory approved intraoral procedures including the precise placement, cementation, and removal of bands, brackets, active and passive appliances
- Acquire the technical skills necessary for properly placing attachments and auxiliaries for clear aligner therapy to ensure optimal tooth movement and treatment outcomes

Learning Outcomes

- Participants will have a better understanding of the historical development and core principles of orthodontics.
- Develop the skill set necessary to acquire accurate and comprehensive orthodontic records
- Safely and effectively use orthodontic instruments and apply digital scanning and impression techniques in a clinical setting
- Perform step by step intra oral procedures including the placement and removal of bands, brackets, active and passive aligners
- Place attachments and auxiliaries for clear aligner therapy with precision, contributing to efficient and successful orthodontic outcomes



Instructors

Dr. Michael Cohen DDS

Founder and Clinical Director DMG

Co-founder CHAS

Dr. Michael Cohen DDS received his DDS from University of Toronto as a dental surgeon in 1989.

He has over 35 years of multidisciplinary experience, as the founder of Lakeside Family Dental in Burlington Ontario Canada.

He is the clinical founder of the Dental Mentorship Group as well as The Connected Health Academy and Services, and has established himself as a leading educator teaching a multidisciplinary approach to dentistry as a KOL.

Dr. Luciana Arcaro

Director of Education NAM & LATAM - Global KOL

Co-founder CHAS and DMG

As a DSO Lead Clinical Director, I architect and execute clinical strategies that transform dental operations into a measurable competitive advantage. My approach is rooted in deep, hands-on expertise—from clinical procedures and chairside application to product development and the design of corporate aligner protocols. This unique perspective, honed through for mer Global and LATAM Director roles within international corporations, allows me to build scalable, high-margin specialty programs in orthodontics and implants that directly link clinical excellence to financial performance.

My dedication to systemic advancement extends beyond the boardroom. I am also the co-founder of two educational pillars: the Dental Mentorship Group, which standardizes clinical excellence, and Connect Health Academy and Services, which provides the high-level training required to empower professionals and scale performance across dental organizations.

Angela Mahoney RDH

Dental Hygienist/Orthodontic Hygienist/Qualified Orofacial Myologist.

Angela is a seasoned dental hygienist with decades of experience in orthodontics and oral myofunctional therapy. She brings a holistic approach to treatment, addressing the vital connection between oral function, airway health, facial development, and overall well-being.

With her extensive background, Angela collaborates with dental teams to deliver personalized, comprehensive care that goes beyond straightening teeth — focusing on correcting underlying functional issues for long-term success. Passionate about prevention and patient education, she is dedicated to empowering individuals to achieve optimal oral and systemic health through balanced function and healthy habits.

Dr. Mark Zammit

Orthodontist

Dr. Mark Zammit-Maempel (Mark Zammit) is an orthodontist practicing in the Niagara Peninsula region of Ontario, Canada, where he has operated his main office in St. Catharines since 1994, along with satellite locations in Beamsville and Ridgeway for a combined 30 years of service. Before establishing Zammit Orthodontics, Dr. Zammit gained extensive and diverse clinical experience, including four years as a Community Paediatric Dentist with Public Health in Greenock, Scotland; four months as a volunteer dentist in Ashkelon, Israel, near Gaza; and four years as a general dentist in Goose Bay/Happy Valley and five northern communities across Northern Labrador in the province of Newfoundland and Labrador.

Born on the island of Malta in the Mediterranean, he earned his dental degree from the University of Dundee in Scotland in 1982 and completed his orthodontic training at Case Western Reserve University in Cleveland, Ohio, graduating in 1992. Academically, Dr. Zammit has published numerous peer-reviewed articles in the AAO Book of Papers, Circumpolar Health, Arctic Medical Research, and the Journal of Public Health Dentistry. His personal and professional goals include striving to be a better human being, integrating airway and orthodontic knowledge into patient care, maintaining physical fitness, enhancing orthodontic outcomes, and improving the lives of his patients through better oral health. Outside of dentistry, he is a musician who performed with the Mandolin Orchestra of Niagara for eight years, and he enjoys cycling, skiing and snowboarding, fishing, music, family time, and travelling.



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